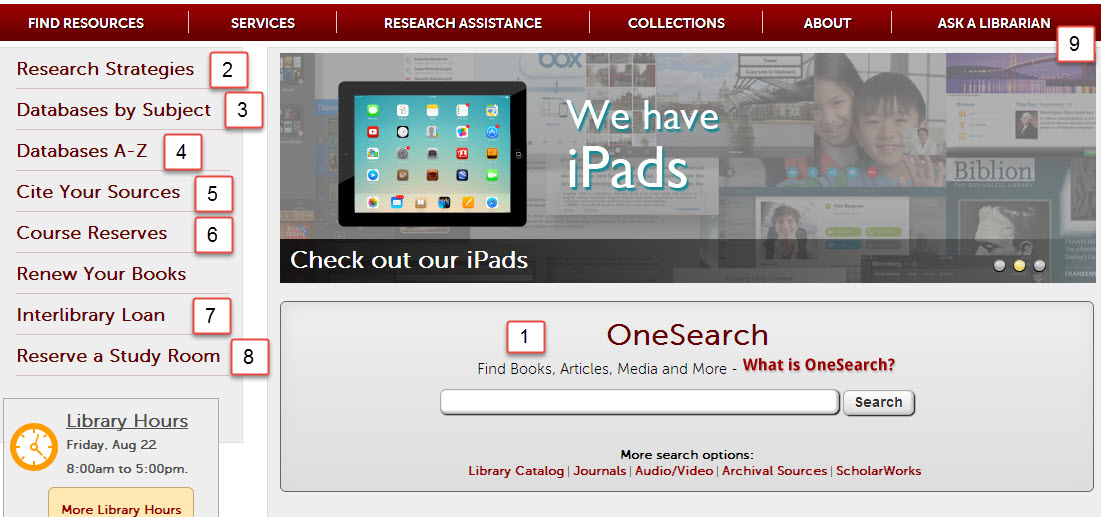
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**Quick Guide to Oviatt Library’s Homepage:** [**http://library.csun.edu**](http://library.csun.edu)



1. This central search box has several search options that will help you look for different things.
   * Use the **“OneSearch”** box to search 150 databases and Oviatt catalog for books, articles, dvds/videos, music To start, type your topic in the box and from the results choose either “**Articles” tab** for journal articles or **“Books and Media” tab** for catalog material. Refine limits are on the left. Save record to export or email
   * **“Library Catalog”** option allows you to search for materials (like books, journals and dvds) in the library.
   * **“Journals”** advises which magazines, newspapers and journals we have in the library or online. For a more detailed list of article databases by subject area, click the “Find Articles by Subject” link (#3).
   * **“Audio/Video”** explains how to search for sound recordings, videos and DVDs in the library catalog.
   * **“Archival Sources”** links to Special Collections & Archives Finding Aid Database.
   * **“ScholarWorks”** allows you to search for intellectual materials from CSUN faculty, staff and students.
2. **Research Strategies**: Learn the basics of doing library research here,
3. **Find Articles by Subject:** Browse online databases to find individual articles by subject area. **Subject: Kinesiology http://library.calstate.edu/northridge/databases/subject/kinesiology**
4. **Databases A-Z:** If you know the article database you’re looking for, click here to get an A-Z list,
5. **Citing Your Sources:** See how to cite your research in **APA**  other formats! Has links to **EndNote** and its tutorials. **EndNote Basic (**formerly known as EndNoteWeb also known as EndNote Online**)**  is your free personal citation manager database IF you sign up on campus for a free account. OneSearch, EbscoHost , Proquest, Web of Science databases have export functions- send bibliographic information into your personal EndNote Basic (Online) database. Once registered you can connect from any computer anywhere [http:/myendnoteweb.com](http://myendnoteweb.com)

If you need help installing Cite While U Write plugin for Microsoft word call EndNote Technical Support **a**t **800-336-4474** (listen for prompt then press 4 Technical Support, then press 1 for Endnote) Monday –Friday 6 am-5 pm Pacific Time

1. **Course Reserves**: Allows you to search for course reserves by Instructor or course number.
2. **Interlibrary Loan:** If the library doesn’t own a book or article you need for your research, we can still try to get it for you from another library. Use 7. link to try this. Link to ILL login for items we do not own also available in databases on the  menu.
3. **Reserve A Study Room:** Use this link to reserve one of the library’s group or individual study rooms.
4. **Ask a Librarian:** Need research help from a librarian? You can come to the reference desk, call us, email us, text us or learn how to chat with a librarian online 24/7. Librarian speaking to you today is **Marcia Henry** email: [**mhenry@csun.edu**](mailto:mhenry@csun.edu)The web page for Professor Ivan Guillory is at **h**tt**p://library.csun.edu/Guides/KIN456**

**Research Worksheet**

Research Topic(s)

Adult Obesity, Hypertension, Coronary Heart Disease, Type II Diabetes, sedentary lifestyle, Depression, Osteoarthritis\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Key concepts or search terms:

obes\* OR overweight Hypertensi\* OR high blood pressure Diabetes Mellitus type 2

osteoarthrit\*

**Boolean Searching Tip: AND vs OR (and truncation)**

**Useful in Ebscohost, Proquest, Gale, databases**

**Use AND between terms to narrow your search**

**diabet\* AND (exercise\* OR physical activity)**

**Use OR and/or truncate (\*, ?) words to broaden your search**

**e.g. teen\* will find teen, teens, teenager, teenagers**

**e.g. child\* (will find child, children, childhood .)**

(check online help for correct truncation symbol)

Types of sources needed (check all that apply):

Scholarly Journal Articles □

Databases demonstrated in sessions

**OneSearch\_-**searches over 150 databases, save records, view saved records, **can** export to EndNote Web.

**PubMed and MEDLINEPlus** - indexes medical literature using the controlled vocabulary, MeSH headings, consumer health handouts in MEDLINEPlus

**CINAHLPlus with Full Text and several other Ebscohost databases (EbscoHost**-- CINAHL subject headings, cited references,) Academic Search Elite, PsycInfo, ERIC (Education), SportsDiscus- all EbscoHost databases help with citing and export nicely to EndNoteWeb

**Library Catalog –** contains catalog record for all books, journals, videos, … Reserve items

**OneSearch\_-**searches over 150 databases, save records, view saved records, **can** export to EndNote Web.

**Web of Science-** a citation database indexing 14,000 journals from 1900- . Connects to EndNote Online

**EndNoteBasic (EndNoteWeb)\_-** sign up for a free account**,** helps you organize research, cite APA Style example of journal article with a DOI (digital object identifier)

Guillory, I. K., Cullen, K. W., Thompson, D., & Watson, K. B. (2012). Physical activity in youth with well-controlled versus poorly controlled type 2 diabetes. *Clinical Pediatrics, 51*(4), 354-358. doi: 10.1177/0009922811427665

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