# Center for the Healing Arts WINTER / SPRING 1983 CATALOGUE



## **SOUND HEALTH**

### Georgia Kelly and Emmett Miller, M.D.

FRIDAY, April 15, 8:00 P.M.
Note: Dialogue at 1260 - 18th Street, Santa Monica (One block south of Wilshire Blvd.)
Fee: Members \$8 / Non-Members \$10
Pre-registration recommended (see form), limited seating capacity Doors open at 7:15 P.M.

The dialogue will take you through a guided journey with Ms. Kelly on the harp and Dr. Miller's voice providing imagery. Discussion will follow on the therapeutic uses of music, guided imagery and the effects of sound on the mind and body. Emmett and Georgia began working together 10 years ago at Esalen Institute in Big Sur. In 1979, after numerous live presentations, they produced *RAINBOW BUT-TERFLY*, a guided imagery tape.

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SATURDAY, April 16, 10:00 A.M. to 5:00 P.M. Workshop at the Center (bring lunch) Fee: Members \$40 / Non-Members \$50 Pre-registration only (see form), limited enrollment **B.N.A. Provider #02596 for 5 C.E.U. hours** 

In the workshop, Dr. Miller and Ms. Kelly will examine effective approaches, philosophies and techniques for attuning the individual to larger, more planetary goals. With greater understanding of the necessity for faith and commitment in the healing process, the vast potential in this larger goal can become utilized. Practical application as to how the therapist or self-healer can select the proper processes will be explored through music, deep relaxation, the chakra system and it's relationship to sound and color, centered movement with adaptations of Aikido and Tai Chi and above all, humor and the creation of a personal myth.

**GEORGIA KELLY** is a harpist and composer who is best known for her recordings of meditative harp music. She began composing at the age of 15 with her performing repertoire consisting primarily of the classics until the appearance of her first album, **SEAPEACE**, in 1978. Since then she has released a number of innovative recordings, including **TARASHANTI**, **BIRDS OF PARADISE**, and **THE SOUND OF SPIRIT**, in which her years of Sanskrit studies were utilized for the title piece. All of these albums are on her own label, Heru Records. She has been involved in providing music for medical uses at Kaiser Permanente, The University of Massachusetts Medical Center and many other medical institutions throughout the country. Ms. Kelly is on the Center's Board of Advisors.

**DR. EMMETT MILLER** is an immensely gifted man whose work as a physician encompasses his expertise as a musician, poet, dancer and mathematician. He developed SOURCE CASSETTES, tapes that provide a learning system for selfhealing and optimal personal performance. He is a student of Eastern philosophies and travels to the East while leading transformational groups to Bali and Nepal. Dr. Miller specializes in psychophysiological medicine and has authored two books, **FEELING GOOD** and **HOW TO STAY HEALTHY.**